

Be part of the national voice for immigrant and refugee women's health and wellbeing

# Become a member of MCWH

The Multicultural Centre for Women's Health is a national, community-based organisation committed to the achievement of health and wellbeing for and by immigrant and refugee women.

Membership of MCWH is free and open to any woman who shares our vision for immigrant and refugee women's health. There are a benefits to becoming a member, whether you join as an individual or on behalf of your organisation.

Postal address (required):	Contact me by: post email Signed:
Suburb:Post code:	Date:
Telephone number (include state code):  Mobile (Australia only):	Thank you for your application to become a member of the Multicultural Centre for Women's Health, Australia's national organisation committed to the health and wellbeing of immigrant and refugee women.
Email*  I don't want other members to be	Please be assured each application for membership is reviewed to ensure it supports our Statement of Purpose, vision, mission, values and approach. We look forward to welcoming all members to our organisation and appreciate your interest
	(on the next page) and the Privacy yearly membership to the Multicult Membership. I agree to abide by the Postal address (required):

# Sounds good but I want to know more

We're glad you asked! Turn over the page to read our Statement of Purpose, vision, mission, values and approach.

You can also contact MCWH and speak to us about what it means to be a member and other ways you can be involved.



## **Our Values**

Leadership we take the lead in immigrant and refugee women's wellbeing

Impact we create opportunities for positive change Equity
we respect each
woman's voice,
culture, identity,
rights and
aspirations

Dynamism
we actively engage
with others,
responding to
changing
environments

Integrity
we follow our social
justice principles
consistently and in
every circumstance

Learning
we actively engage
with new knowledge
and share our
unique standpoint
and expertise

# Our Approach

Social determinants of health

MCWH recognises that health and wellbeing is significantly affected by a range of social determinants, including gender, race, culture, class, employment status, sexuality, disability, age, and immigrant status.

#### Representation

MCWH is guided by the leadership of immigrant and refugee women in achieving equity and promoting their health and wellbeing. MCWH is committed to listening to, and representing, their voices in all their diversity, and in placing their issues at the centre of advocacy and policy development.

## **Education Exchange**

MCWH learns from, and provides education to, immigrant and refugee women following a feminist peer education model where women's knowledge and experience is valued and respected, and education is delivered by respected and accredited bilingual educators.

#### Collaboration

MCWH works together with immigrant and refugee women, community organisations, health practitioners, employers, communities and governments to achieve equity and improve health and wellbeing for immigrant and refugee women

## **Our Vision**

The national voice for immigrant and refugee women's wellbeing in Australia

### **Our Mission**

To promote the wellbeing of immigrant and refugee women across Australia, through advocacy, social action, multilingual education, research and capacity building.

# Our Statement of Purpose

- To collect, distribute and exchange information on women's health and well-being with immigrant and refugee women across Victoria:
- To provide information and knowledge that will restore to immigrant and refugee women control over their own bodies and the power to make informed choices;
- To work toward the expansion of access for immigrant and refugee women to information and services sensitive to their particular needs:
- To encourage and provide community development and community education activities that will assist and promote the general health and well-being of immigrant and refugee women;
- To raise the awareness nationally of governments, health organisations, ethno-specific organisations, the labour movement and the general community about immigrant and refugee women's health needs and the work of the Centre and to work with these organisations and other organisations to achieve the purposes of the Centre;
- To actively involve immigrant and refugee women in the management and development of the Centre;
- To facilitate and participate in campaigns on issues affecting the health and well-being of immigrant and refugee women;
- To investigate, sponsor and, where necessary, administer research, promotional activities and programs and services to promote the above purposes.

#### Some Membership Benefits Subscription to Borrowing rights Regular updates Discounts for some Voting rights at our monthly to the MCWH the MCWH Annual about MCWH news seminars and e-newsletter Multilingual Library **General Meeting** and events training events 'THE WRAP'